

Machu Pichu, Peru September



Sabbir(Sam) visited Peru and discovered mouth watering Dishes. Head Chef of Mantra restaurant in Lima shared ideas to develop CREAMY Jalfrazi & Rogan Josh dishes.

Fusion taste of UK-PERU dishes

Creamy Jalfrazi

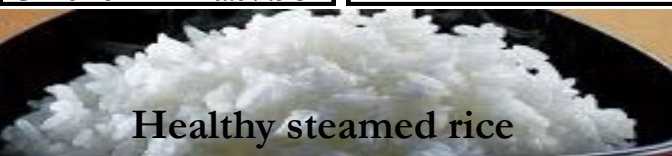
Cooked with green chillies & warm creamy spices in UK-PERU style

Vegetable	£6.95
Chicken	£7.95
Lamb	£7.95
King prawn	£8.95
Chicken Tikka	£7.95

Creamy Rogan Josh

Cooked with fresh garlic & medium creamy spices in UK-PERU style

Vegetable	£6.95
Chicken	£7.95
Lamb	£7.95
King prawn	£8.95
Chicken Tikka	£7.95



Healthy steamed rice

~~~~~ A few useful explanations ~~~~~

Tarka Dall: Red lentil making an exotic dish tempered with garlic

Chicken Tikka Masala: Barbecued chicken cooked in masala sauce.

Sheek Kabab: Spiced minced lamb cooked in tandoor on hot skewer.

Onion Bhaji: Gram flower coated onion deep fried to a crispy texture.

Bombay Aloo: Potatoes tossed with onions & spices in a cast iron dish.

Balti dishes are cooked with onions, tomatoes & chopped capsicums using special herbs & spices in a cast iron Balti dish to glow.

Korma: Mild spices & fresh cream coconut to create creamy dish.

Dairy free living and delicious recipes for a healthier lifestyle

Pure Vegan



Many great products make it easy to replace dairy and eggs

STARTERS

Vegetable Chapati Puree	£3.95	Spice Mushroom	£2.95
Aloo Pakora	£2.95	Vegan Mix starter	£3.95

Vegan Main Courses

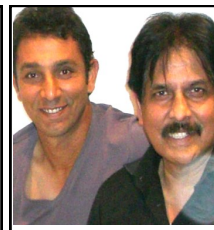
Channa Aloo Jalfrezi	£6.95	Channa Aloo Jalfrezi	£6.95
Vegetable Vegan Masala	£7.95	Vege Gobi Rogan Josh	£6.95
Vegetable Madras	£6.95	Sag Curry (Spicy spinach)	£6.95
Mushroom Aloo Bhuna	£6.95	Vegetable Pilaw+sauce	£7.95
World Vege jalfrazi	£6.95	World Vege Vindaloo	£6.95
Palak Aloo Bhuna	£6.95	Aubergine Mushroom Balti	6.95

Side Dishes

Bombay Potatoes	£3.95	Sag Bhaji (Spicy Spinach)	£3.95
Mixed Vegetable bhaji	£3.95	Bhindi bhaji	£3.95
Aloo Gobi (Cauliflower)	£3.95	Vegetable or mushroom Rice	£2.95
Aubergine Bhaji	£3.95	Chapati	£1.35
Sag Aloo (Spinach & potatoes)	£3.95	Green salad	£1.95



Sam & Forest Boss Frank Clark at a Cultural show sponsored by Balti House



Sam and Pakistan cricket star Azhar Mahmood at Balti House Restaurant



Sri Lankan cricket legend Sanath Jayasuriya and Sam at Balti House

~~~~~ A few useful explanation ~~~~~

Dupiaza :Preparation of onions & medium spice create an onion dish

Bhuna :Medium tomato based medium spicy dish nicely thick sauce

Jalfrazi : Cooked with green chillies & warm spice like home cooking

Dansak : Lentils fresh spices & pineapple. A sweet sour mild dish

Tandoori Chicken: Marinated chicken barbecued in its own juices cooked in Tandoor (Clay oven)

Chicken Tikka is the off the bone choice

TAKE AWAY

The Balti House

www.thebalthouse.com

(حلال)

Halal



20% cash collection Discount before 9Pm

Minimum order £10 for discount and require approx 20 minutes for order

Large order £25 call for delivery availability

35 Heathcoat street Out of hours Tel 07775993793
Hockley Lace market Tel 0115 9472871 (5.30- 11.30 pm)
Nottingham NG1 3AG Collection from outside Balti House

Opening Hours

Sunday to Thursday 5.30 to 11.00 pm

Friday to Saturday 5.30 to Midnight

Balti Style Set Menu £8.95

Choose a starter & a Main course
With Rice or Nan or a Tandoori Roti



Starters

Spiced Mushroom
Chick peas (Chat)
Aloo Pakora (potato)

Main Dishes

Balti chicken or Prawn
Balti Salmon or Balti Veg
Balti Meat (+ 75p)
Balti Paneer (indian cheese)

Starters served with red Diamond chutney

SHEEK KABAB



CHICKEN TIKKA

Chefs choice of mixed starters £3.95

Samosa (Meat or Veg) £2.95 Onion Bhaji..... £2.95

Chicken or Prawn Puree £3.95 Goan Fish Tikka...£3.95

Chicken Tikka.....£3.50 Hot meat or Chicken. £4.65

Tandoori Chicken £3.95 Sheek Kabab £3.95

Traditional Main Course

Korma (very Mild) Dansak(sweet & Mild)

Vegetable £6.95 Vegetable £6.95

Chicken £6.95 Chicken £6.95

Prawn £6.95 Prawn £6.95

Lamb £7.95 Lamb £7.95

King Prawn £8.95 King Prawn £8.95



Madras (Hot curry)

Vegetable £6.95 Prawn £6.95

Chicken £6.95 Goan Fish £7.95

Lamb or KEEMA £7.95 King Prawn £8.95

Ceylon (very hot juicy curry)

Pall (Hottest curry)

Chicken or Prawn £7.95 Lamb £8.95 King Prawn £8.95

Birani Dishes (Medium)

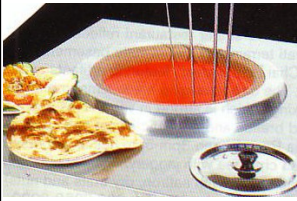
The following are mixed with Basmati Rice, Veg fried with butter and are covered with an omelette separate sauce is included

Vegetable Birani £7.95 Paneer(indian cheese) Birani £7.95

Chicken Birani £7.95 Chicken tikka Birani £7.95

Lamb or Keema £8.95 King prawn Birani £8.95

Tandoori Dishes served with salad & sauce



Tandoori Mixed Grill £7.95

Tandoori Chicken, Tikka and kebab

Chicken Tikka(off the bone) £7.95

1/2 Tandoori Chicken £7.95

Half barbecued chicken on the bone

Tikka Specials

Chicken Tikka Masala £6.95 Chicken Tikka Jalfrazi £7.95

Chicken Tikka Bhuna £6.95 Chicken Tikka Pasanda £7.95

Chicken Tikka Balti £6.95 Chicken Tikka Roganjosh £7.95

Chicken Tikka Patia £6.95 Chicken Tikka sag(spinach) £7.95

Chef's Specialties

Patro Chicken £7.95 Balti House Special £8.95

Cooked in cast with khaliber spice
Only place in UK cooking Patro.

Lamb, chicken & prawn cooked an
Omelet & specially spicy flavour

Balti Chicken or Prawn £6.95 Garlic chilly chicken £7.95

Latest Sizzle Dishes Garlic, corinder & methi leaf combination

Vegetable £6.95 Sizzle Chicken £7.95

Paneer Indian cheese £6.95 Sizzle Lamb £8.95

Sizzle Prawn £7.95 Sizzle King Prawn £8.95

Popular Dishes

Chicken Makhani £6.95 Chicken Dupiaja £6.95

Yogurt & butter speciality

Extra onion taste dish

Bhuna Chicken £6.95 Garlic Chicken £7.95

Above dishes with Lamb £7.95 or King prawn £8.95

Popular side Dishes

Bombay Potatoes £3.95

Tarka Dall £3.95

Vegetable bhaji £3.95

Aloo Gobi cauliflower £3.95

Mushroom Bhaji £3.95

Sag Paneer Indian cheese £4.95

Matter Paneer £4.95

Sundries

Nan Bread £1.95

Tandoori Roti £1.95

Chapati £1.35

Peshwari Nan £2.35

Garlic Nan £2.65

Keema Nan £2.95

Plain Paratha £2.95

Papadom £0.75

Steam rice £1.95

Pilaw Rice £1.95

Chips £2.35

Chutney(each) £0.35

Raitha £1.95

Plain Puree £1.95

Please allow adequate time for delivery as each meal is freshly prepared to the high standard you expect from The Balti House after your order is taken

Pure Vegetarian Meal



Starters served with red Diamond chutney

Chef's mixed Vegetable starters £3.95

Vegetable Samosa £2.95 Onion Bhaji £2.95

Vegetable puree £3.95 Spiced Mushroom £2.95

Chickpeas chat £2.95 Aloo Vegetable Pakroa £2.95

Vegetarian Main Courses

Sag Paneer(Indian cheese) £6.95 Vegetable Balti £6.95

Paneer Jalfrazi warm £6.95 Paneer Balti £6.95

Paneer Tandoori masala £7.95 Vegetable patro Root spice £7.95

Channa sag Spinach & cck peas £6.95 Matter Paneer Grdn peas £6.95

Channa Tandoor mosala £7.95 Paneer Makhani £6.95

Channa jalfrazi Balti(warm) £6.95 Vegetable jalfrazi(warm) £6.95

Vegetarian side dishes

Bombay Potatoes £3.95 Vegetable bhaji £3.95

Sag Paneer (Indian cheese) £4.95 Mushroom Bhaji £3.95

Matter Paneer £4.95 Aubergine Bhaji £3.95

Nan Bread £1.95 Papadom £0.75 Chips £2.35

Tandoori Roti £1.95 Steam or pilaw rice £1.95 Chutney(each) £0.35

Chapati £1.35 Garlic or Peshwari Nan £2.65 Raitha £1.95

Goan Fish Specials

Starter

Choice of Mild or Medium or Spicy Coated fish Tikka 3.95



Main Courses

Goan Fish Masala £7.95 Goan Fish Korma £7.95

Goan Fish Bhuna £7.95 Goan Fish Jalfrazi £7.95

Goan Fish Balti £7.95 Goan Fish Grill +salad £7.95